

WORKSHOP SCHEDULE

MAY 1 - MAY 4, 2008

FRI	Main Play 1	Main Play 2	Amphitheatre	Lodge	Vending Area
10:30a-12:00p	DOUBLE STAVES, INSIDE PLANES – MCP	HOW TO BECOME AN ADVANCED POI SPINNER – Jordan	MARTIAL ARTS FLOW WITH STAFF – Nick Heyming	FIRE BELLY DANCE – Shetannoir	
12:00p-1:30p	EXPLORING POLYRYTHM – Chris Rovo	CRYSTAL STIX – Alien Jon		WAISTWRAPS, TOSSES AND ISOLATIONS – Blue Haired Sarah	
1:30p-3:00p	POI BODY MOVE APPLICATION TO HYBRID FLOWERS – Olive	BEGINNING METEOR – Andy House		ADVANCED POI MOVEMENT – Chad Bennett	
3:00p-4:30p	BEGINNING POI – Yuta	CLUB SWINGING – Poki	STAFF BIOMECHANICS AND FLOW – Sean von Stade	ADVANCED POI – INVERSIONS AND ANTISPINS – Matthew Johnson	
4:30p-6:00p	THINGS EVERY POI SPINNER SHOULD KNOW – Arashi	OUTSIDE THE CIRCLE – Ronan	BEGINNING / INTERMEDIATE HOOP – Fire Groove	BEGINNING CONTACT JUGGLING – Greg Maldonado	
6:00-7:30p	FIRE BREATHING AND LIVING TO TALK ABOUT IT – Pi	BEGINNING CONTACT FIRE – Gemitrix	BEGINNING HOOP – Miss Rosie		

SAT	Main Play 1	Main Play 2	Amphitheatre	Lodge	Vending Area
10:30a-12:00p	2-3-4 STAFF BASICS – Olive	ADVANCED METEOR – Andy House	GEOMETRIC FLOW – DOUBLE STAFF – Fire Groove	FIRE SAFETY EQUIPMENT – Sage	
12:00p-1:30p	3-D SPINNING – Arashi	ADVANCED HOOPING – Brandon	BEGINNING CONTACT STAFF – Silence	POI COMBINATIONS & TRANSITIONS FOR DANCERS – GlitterGirl	
1:30p-3:00p	ELLIPTICAL FLOWERS – Zan Moore	ADVANCED FAN SPINNING – Grimm	WHIPS WITH MUSASHI – Musashi	FLOW WAND – Prisma	BASIC FLAME EFFECTS – Ian
3:00p-4:30p	ADVANCED POI – Yuta	EXPLORATIONS IN CONTACT STAFF – Noel	DOUBLE STAFF DANCE – Bliss	BEGINNING STAFF JUGGLING – Imakokde	MAKE CANNON BALL POI – Scorch & Jaz
4:30p-6:00p	UNDERSTANDING CONTACT – PATHS AROUND THE BODY – MCP	POI CHOREOGRAPHY – Sage	INTRO TO THROWS (POI) – Mice Icon	PARTNER BALANCE – Shireen	MAKE CANNON BALL POI – S & J
6:00-7:30p	INTERMEDIATE FIRE BREATHING – Tedward	KUNG FU SABRE – Anna Maltese	THE POI UNIT CIRCLE: EXPLORING POI GEOMETRY AND PROPORTION – Alien Jon	FIRE DANCING AS A BUSINESS – Fire Groove	BEGINNING FAN SPINNING – Jenai

SUN	Main Play 1	Main Play 2	Amphitheatre	Lodge	Ven. Area
10:30a-12:00p	BEGINNING ROPE DART – Sam	CONTACT POI (INT/ADV) – Chris Rovo	INTRO TO BELLYDANCE – Serpentine		
12:00p-1:30p	POI PLANE BENDING – Ian	YOGA – Oceana			